

**Report To:** Education & Communities Committee **Date:** 3<sup>rd</sup> May 2016

**Report By:** Corporate Director Education,  
Communities & Organisational  
Development **Report No:**  
EDUCOM/36/16/GB

**Contact Officer:** Gillian Bond, Education  
Development Officer **Contact No:** 01475 715306

**Subject:** Physical Education Programme

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## 1.0 PURPOSE

- 1.1 To update the Committee on Inverclyde's position in relation to the Scottish Government's target of a minimum of two hours / two periods of quality Physical Education for each child every week.
- 1.2 To update the Committee on Inverclyde's position in relation to the Physical Education Programme and to seek Committee approval for an extension to this programme.

## 2.0 SUMMARY

- 2.1 The Scottish Government and COSLA announced in March 2012 a commitment to the existing target of delivering at least two hours per week of quality Physical Education in primary school and two periods in S1 to S4 for all pupils in Scotland.
- 2.2 The Scottish Government provided the Physical Education Support Fund to assist with achieving the target. Education Scotland and **sportscotland** worked with local authorities to support the delivery of this target locally. The Physical Education Support Fund expires in June 2016.
- 2.3 In February 2016 for the first time Inverclyde reported that 100% of primaries and 100% of secondaries achieved the Physical Education target. Without ongoing support however it may be difficult to maintain this.

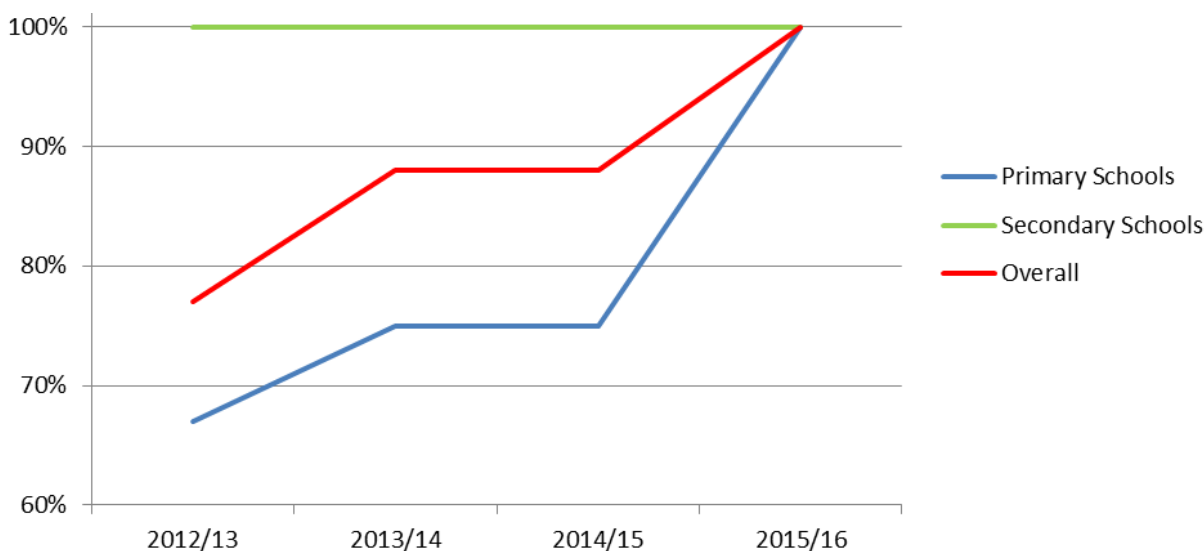
## 3.0 RECOMMENDATIONS

- 3.1 That the Committee notes the information contained in this report.
- 3.2 That the Committee approves the extension of the Physical Education Programme up to 31st March 2019 in principle pending confirmation of ongoing support from **sportscotland**.

**John Arthur**  
Head of Safer & Inclusive Communities

## 4.0 BACKGROUND

- 4.1 The Physical Education (PE) target was first recommended by the Physical Activity Task Force and published in the Scottish Government's Physical Activity Strategy, Let's Make Scotland More Active in February 2003.
- 4.2 In March 2012, the Scottish Government and COSLA announced a commitment to deliver at least two hours per week of Physical Education in primary school and two periods in S1 to S4 by 2014 for all pupils in Scotland. This is part of the Games Legacy for Scotland which was launched in 2009, to provide a legacy strategy for the Glasgow 2014 Commonwealth Games.
- 4.3 The Scottish Government measured the Physical Education target for every local authority through the Scottish Healthy Living Survey, which took place on 27<sup>th</sup> February – 2<sup>nd</sup> March 2012. Inverclyde Council completed the measurement based on primary and secondary Physical Education timetables. It is important to emphasise that the target relates to structured physical education, as opposed to simply increasing physical activity in pupils.
- 4.4 The report confirmed that 100% of our secondaries met the 2 periods of Physical Education for S1-4 on a weekly basis. 67% of our primaries met the target of 2 hours of Physical Education on a weekly basis.
- 4.5 Since 2012 Inverclyde's Active Schools /Sports Development team has worked with **sportscotland** and Education Scotland to drive forward the PE Implementation Plan. A PE Lead Officer and a Primary PE Specialist were appointed to be the key personnel to driving forward the plan.
- 4.6 In February 2016 for the first time Inverclyde reported that 100% of primaries and 100% of secondaries achieved the PE target. This is largely as a result of the work both the PE Lead Officer and the Primary PE specialist with staff and schools.



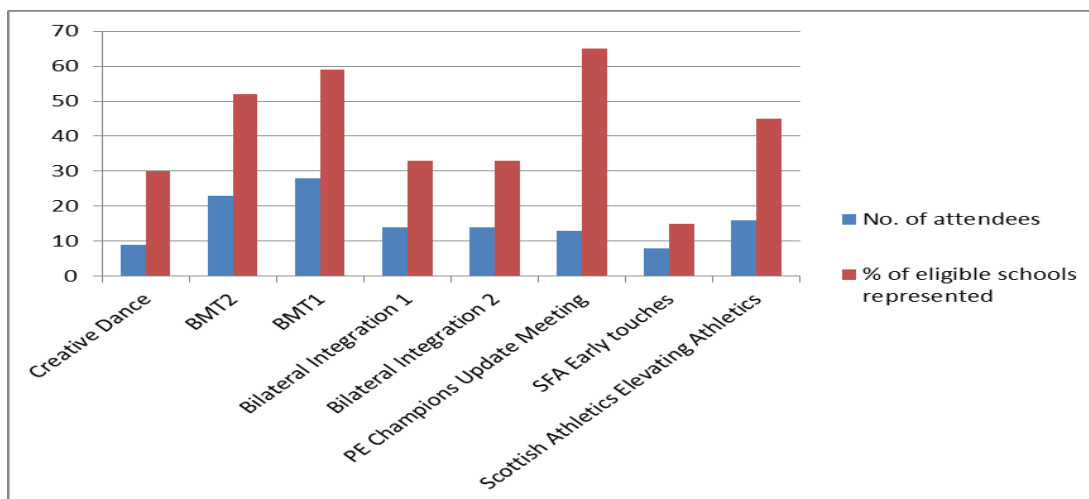
- 4.7 In addition to achieving the target the PE team have tackled the quality of PE delivered in our schools through three programmes: The Primary PE Framework, Primary PE Mentor Support Programme and CLPL Programme.

**The Primary PE Framework** resource was developed and launched in September 2015 after a trial period of 2 months with PE Champions. Secondary Principal Teachers of PE, primary PE Champions and Head Teachers were invited to the launch where we revisited quality PE planning, the ethos of the resource and best practice for using this resource. Each primary school received a hard copy and an electronic copy on disc for each teacher in the school. Principal Teachers of PE received a disc for their department. 95% primary schools and 43%

secondary schools were represented at this event. Currently 80% of schools are using the PE Framework resource to support staff in delivering quality teaching and learning experiences through PE.

**The Primary PE Mentor Support Programme** was launched in November 2015 with a Primary PE Specialist recruited to support schools with implementing the Primary PE Framework and building the confidence of teachers delivering PE. Our PE Specialist has been a primary class teacher in Inverclyde for 10+ years, completed the PGCE Primary PE qualification, been teaching PE at all stages for the last 3 years and is respected in schools across the authority.

**The PE Career Long Professional Learning (CLPL) Programme** was launched in August 2015 with investment in funded PE courses for primary class teachers. After consultation with teachers on their training needs a programme was implemented.



In addition to the PE programmes the Council has significantly invested in the PE facilities across the school estate. All 6 secondary schools have been rebuilt or significantly refurbished. Every secondary has access to a 2G pitch, gameshall, fitness gym and dance studio. 5 secondaries have a 3G pitch with the 6th school a grass rugby pitch. 11 MUGA pitches have been built in primary schools with a further 3 built this year. By October 2016 100% of primaries will have access to a 2G, 3G or MUGA pitch. This investment in tandem with the PE programme undoubtedly drives up the quality of PE lessons in the authority.

## 5.0 PROPOSALS

5.1 The strides made in Physical Education have been significant over a short period of time. To ensure these achievements become embedded as authority standards and are fully established in the school curriculum it is proposed that this Committee considers allocating funds to extend the PE Programme to 31<sup>st</sup> March 2019. It is proposed that a partnership with **sportscotland** would be key to extending this programme.

5.2 The proposed extension of the PE Programme would enable one member of staff to be retained as a PE Lead Officer.

## 6.0 IMPLICATIONS

6.1 Financial

Investment from Inverclyde Council of £75,471 with partnership investment from sportscotland of £54,000 over the period 1<sup>st</sup> July 2016 to 31<sup>st</sup> March 2019. Inverclyde Council's investment would be contained within the existing Safer & Inclusive Communities Budget. The investment sought from **sportscotland** represents 50% of the previous investment from **sportscotland/Education Scotland**. The former has indicated that it will look favourably on such a funding bid. Education Scotland is unlikely to fund the project continuation.

#### One off Costs

Cost Centre	Budget Heading	Budget Years	Proposed Spend this Report £000	Virement From	Other Comments
N/A					

#### Annually Recurring Costs/ (Savings)

Cost Centre	Budget Heading	With Effect from	Annual Net Impact £000	Virement From (if Applicable)	Other Comments
01157 PE Support Fund		2016-17	27	02362 Sports Strategy	

#### 6.2 Legal

There are no legal implications arising from this report.

#### 6.3 Human Resources

There are no human resource implications arising from this report.

#### 6.4 Equalities

There are no equalities arising from this report.

#### 6.5 Repopulation

There are no direct implications for repopulation

### 7.0 **CONSULTATIONS**

7.1 In preparing this report the following have been consulted:

Finance

Education

### 8.0 **LIST OF BACKGROUND PAPERS**

8.1 Physical Education Update Education & Communities Committee 12 June 2012 – EDUCOM/05/12/GB

Physical Education Support Fund Update Education & Communities Committee 22 Jan 2013 – EDUCOM/10/13/GB